

Week 3



SEPTEMBER 27, 2020 TO OCTOBER 3, 2020

BREAKFAST 7:40AM
LUNCH 11:40AM
DINNER 5:15PM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OATMEAL POACHED EGGS BANANA MUFFIN CHOICE OF TOAST CHOICE OF JUICE COFFEE/TEA	CREAM OF RICE SCRAMBLED EGGS HOT/COLD CEREAL CHOICE OF TOAST CHOICE OF JUICE COFFEE/TEA	OATMEAL PANCAKES/SYRUP SAUSAGE HOT/COLD CEREAL CHOICE OF TOAST CHOICE OF JUICE COFFEE/TEA	CREAM OF RICE SCRAMBLED EGG HOT/COLD CEREAL CHOICE OF TOAST CHOICE OF JUICE COFFEE/TEA	OATMEAL FRIED EGG HOT/COLD CEREAL CHOICE OF TOAST CHOICE OF JUICE COFFEE/TEA	CREAM OF RICE SCRAMBLED EGG HOT/COLD CEREAL CHOICE OF TOAST CHOICE OF JUICE COFFEE/TEA	OATMEAL FRENCH TOAST HAM/SYRUP HOT/COLD CEREAL CHOICE OF TOAST CHOICE OF JUICE COFFEE/TEA
SLOW ROASTED TURKEY/GRAVY WHIP POTATO BUTTERED GREEN BEANS PEACH / BERRY TRIFLE	FRESH FRIED COD SANDWICH OVEN ROASTED POTATO WEDGES BUTTERED STEAMED CARROTS WHIP CREAM TOP CHOCOLATE TART	OPEN FACE HOT ROAST PORK SANDWICH WILD RICE SUMMER SQUASH CHILLED MANGO/BERRY CUP	HOMEMADE MEATBALLS IN SAUCE PASTA ITLAIN FLAT BEANS TIRAMISU	FLASH FRY CHICKEN TENDARS MASHED SWEET POTATO BUTTERED SWEET CORN STRAWBERRY ICE CREAM CUP	GRILLED BURGER DELUX LETTUCE TOMATO CHEESE TATAR TOTS FRESH CANTALOEPE	SLOW BRAISED BEEF ROAST WHIPPED POTATO PEAS & ONIONS WHIP CREAM TOP PUDDING
SLOPPY JOE'S ON AN BUN RED SKIN POTATO SALAD CHILLED MANDARIN ORANGE	HOMEMADE TURKEY NOODLE SOUP SPINACH & CHEESE QUICHE SIDE CEASAR SALAD FRESH ROLL MOCHA CREAM BRULEE	HOMEMADE BAKED POTATO SOUP TURKEY SALAD ON WHEAT ICE CREAM	GRILLED CHICKEN BREAST FRESH CORN ON COB HOMEMADE MACARONI SALAD FRESH BAKED COOKIES	SWEET & SOUR TEMPURA PORK ASIAN VEGETABLES STEAM RICE CHILLED ORANGES	HOMEMADE CHICKEN NOODLE SOUP/CRACKERS EGG SALAD CROISSANT POTATO CHIPS CHILLED PEARS	GRILLED HOT DOG ON BUN DICED ONION BAKED BEANS CARAWAY COLE SLAW FRESH WATER MELON

Note: The following alternative items are available to order. They may take up to 15 minutes to prepare

**GARDEN SALAD, CHEF'S SOUP. GRILLED CHICKE,HAMBURGER OR
HOT DOG ON BUN,BLT,PIZZA,EGG SLAD,PBJ SANDWICH DAILY
SPECIAL**